

“THANKFULNESS”

33 Things I Am Thankful For

Happy Thanksgiving from your Friends at Nokomis Chiropractic & Wellness

Each year we like to take this opportunity to say “Thank you” for being a part of our wellness family.

To help make your Thanksgiving richer and more meaningful, we suggest you take a few moments to complete this list of 33 things that *you* are thankful for.

It is harder than you think...but you will be amazed at how you feel....
And if you do this simple exercise for 30 days straight, you will find yourself happier and attracting greater blessings into your life.

Yours in Health

The Team at Nokomis Chiropractic & Wellness

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34. The Awesome Folks at Nokomis Chiropractic